## August 21, 2022

The Lord wants you to experience real and abundant life:

## **Ps. 139:23-24** Search me, God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. (NIV)

As David is praying to the LORD, he feels compelled to make sure he is walking in purity. He asks the LORD to look into his heart. Why? Because as Jeremiah says in **Jer. 17:9** *The heart is deceitful above all things and beyond cure. Who can understand it?* (NIV)

And so, David is honest enough to admit that there are things in his heart that need to be dealt with. How about us today? Are there things that we are hiding in our hearts? Nothing is truly ever hidden from the LORD. He knows every thought we have and every inclination of our hearts. For the most part, David was dealing with an anxious heart. Worry can be crippling to anyone who gives in to it. I've mentioned this before that there are only two things we can worry about: things we can change and things we cannot. The things we can change, we should. The things we cannot, what good is it to worry about?

David is admitting that his heart can be filled with worry. Anxiousness comes when we feel like we have no control over the things of life. We don't know what is going to happen and what we are going to do. It is as if we are the 'god' of our lives. We make terrible 'gods' and the LORD has declared that we are to have no other 'gods' before Him. David knows and is acknowledging that when he is in control, it is offensive to the LORD. Instead, David wants to walk in submission to the LORD and walk in eternal ways rather than the incidental and fleeting ways of this world. How about you? Is this also a trap for you? If so, you could pray the same prayer that David prayed.

Dear LORD, search me and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting. In Jesus Name, Amen to Your power and Your plan. You hold all things in Your hands. In Jesus Name, Amen